

Special  
Olympics  
South Carolina



Special Olympics  
Unified Champion  
Schools

2026

# UNIFIED SPIRIT WEEK



# WEEK AT A GLANCE

BE KIND  
TO YOUR  
MIND



MON

TUE

WED

THU

FRI

## MINDFUL MONDAY

Peace, Love, and  
Unified: Wear tie-  
dye or flower  
child attire

## TAKES A TEAM TUESDAY

Rally up your  
team! Dress  
up as a squad  
or in group  
costume.

## WELLNESS WEDNESDAY

Healthy &  
Happy! Wear  
your favorite  
attire from ANY  
holiday.

## THOUGHTFUL THURSDAY

Destination  
Inclusion!  
Dress as a  
tourist for your  
inclusion  
adventure.

## FEARLESS FRIDAY

Be fearless by  
dressing as  
tacky or as  
mixed up as  
possible!

## ELEMENTARY

Book Lesson and Questions-  
Book & Questions

Activities-  
Mirror Mirror

Only Me

Post it

Video and Questions

Videos-  
Bubble Bounce

Destress

Empathy.

# MINDFUL MONDAY

BE KIND  
TO YOUR  
MIND

## SECONDARY

Empathy in Action

Empathy.

Under the Surface



# TAKES A TEAM TUESDAY

## ELEMENTARY

Book Lesson and Questions-  
Book & Questions

Activities-

Legos Activity

Readers Theatre

Swift Swap

Video & Questions

Videos-

Spot of Teamwork



## SECONDARY

High Performing Teams

Kid President

Kobe Bryant

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# WELLNESS WEDNESDAY

## ELEMENTARY

Book Lesson and Questions-  
Book & Questions

Activities-  
That's Me  
Speed Friending.  
Tick Tock  
Video & Questions

Videos-  
Dance Party.  
Health Fair

## SECONDARY

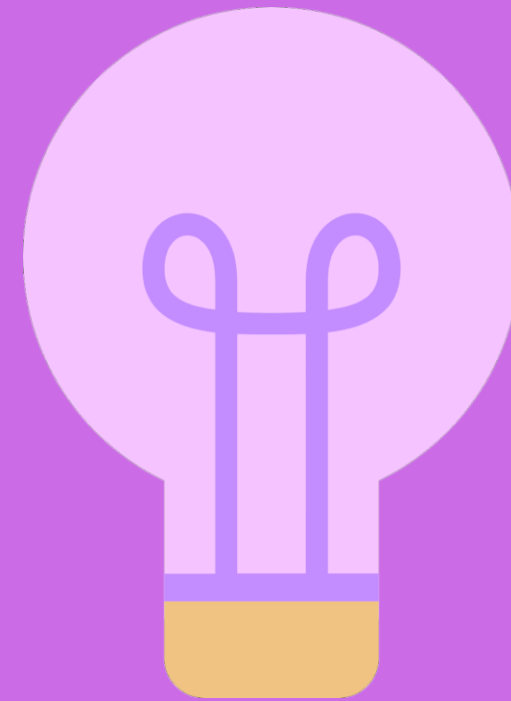
Health Promotion

We All Have Mental Health

Medfest



# THOUGHTFUL THURSDAY



## ELEMENTARY

Book Lesson and Questions-  
Book & Questions

Activities-

No One Way to Dream

The Best of Me

Mood Pictures

Video & Questions

Videos-

Henry & Leslie

Meet Krishtan

## SECONDARY

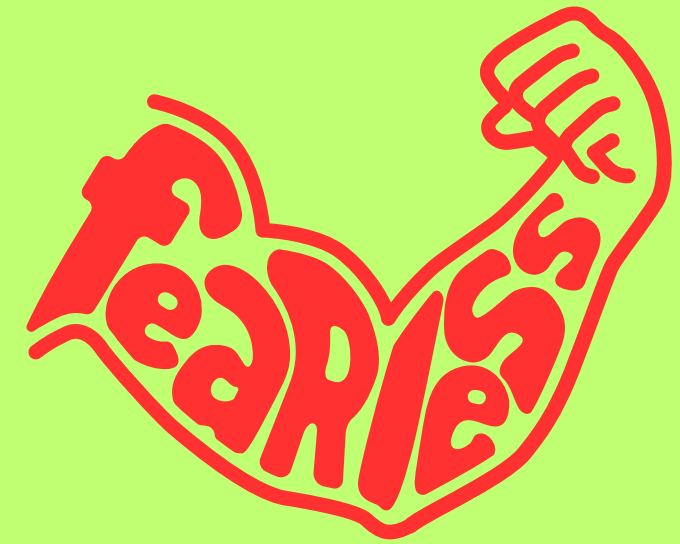
Bystander

Emma

Friendship



# FEARLESS FRIDAY



## ELEMENTARY

Book Lesson and Questions-  
Book & Questions

Activities-

Vision Board

Play Doh

Fear Factor

Video & Questions

Video-

Prove Them Wrong.

Upstander

## SECONDARY

Eddie

Line Game

Unified Track

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