

Special
Olympics
South Carolina



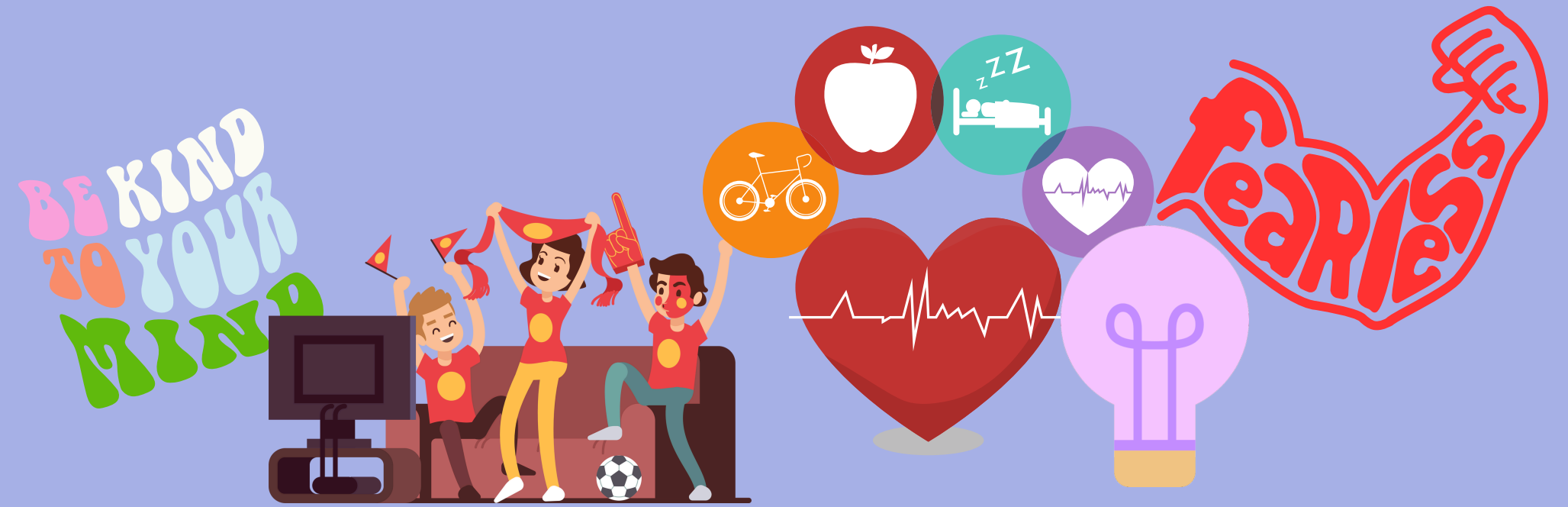
Special Olympics
Unified Champion
Schools

2025

UNIFIED SPIRIT WEEK



WEEK AT A GLANCE



MON

MINDFUL MONDAY

Peace, Love, and Unified: Wear tie-dye or flower child attire

TUE

TAKES A TEAM TUESDAY

Rally up your team! Dress up as a squad or in group costume.

WED

WELLNESS WEDNESDAY

Healthy & Happy! Wear your favorite attire from ANY holiday.

THU

THOUGHTFUL THURSDAY

Destination Inclusion! Dress as a tourist for your inclusion adventure.

FRI

FEARLESS FRIDAY

Be fearless by dressing as tacky or as mixed up as possible!

MINDFUL MONDAY

ELEMENTARY

Book Lesson and Questions-
All My Stripes

Activities-
All My Stripes Deep Dive
Make Joy Happen
Post the Positive

Videos-
Communication
Why Be Kind?

BE KIND
TO YOUR
MIND

SECONDARY

Brene' Brown-Empathy.
Empathy.

VIDEO FOR BOTH

National BFF Day.



TAKES A TEAM TUESDAY



ELEMENTARY

Book Lesson and Questions-
Up The Creek

Activities-

Up the Creek Wild Moose Chase
Brainstorm Solutions

Up the Creek Build a Boat

Videos-

Emperor's Groove: Teamwork
Conflict Management

SECONDARY

Penguins

Power of Teamwork

VIDEOS FOR BOTH

Teamwork By The
Penguins



WELLNESS WEDNESDAY



ELEMENTARY

Book Lesson and Questions-
Recess Queen

Activities-

Character Traits

Readers Theatre

Recess Queen STEM

Videos-

Healthy Relationships

Brain Anxiety

SECONDARY

Growth Mindset – Michael
Jordan

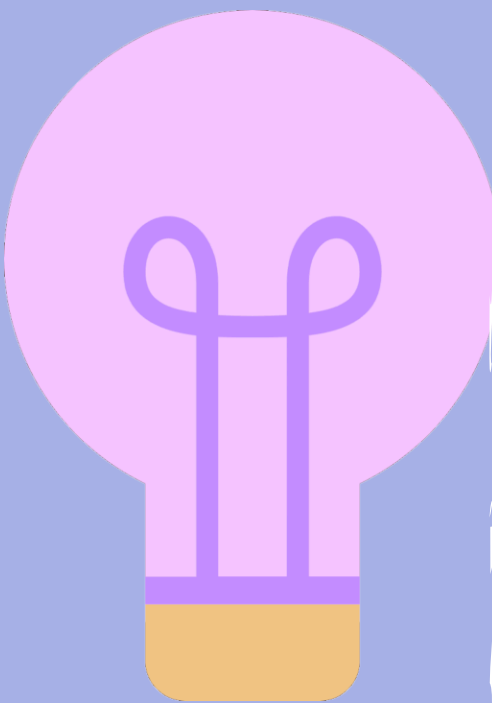
Exercise & Brain

VIDEOS FOR BOTH

Inside Out Feelings
Game



THOUGHTFUL THURSDAY



ELEMENTARY

Book Lesson and Questions-
The Other Side

Activities-

It Takes One to Be One

On the Lookout

One Small Step

Videos-

Belonging

Grounding

SECONDARY

Diana's Story

Andre Drummond

VIDEOS FOR BOTH

Kindness



FEARLESS FRIDAY



ELEMENTARY

Book Lesson and Questions-
The Perfect Square

Activities-

Resilience and Strength

Recreate Yourself

The Perfect Square Game

Video-

Courage

VIDEOS FOR BOTH

Nothing Kate Can't Do
Evan and Jay.

VIDEOS FOR BOTH

Kid President

**Special
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