



Special Olympics Pickleball Assessment Singles



Athlete Name: _____

Gender: _____ Age: _____

Delegation: _____

Coach: _____

Athlete DOB: _____

Volley (8 attempts)			Dink Rally - (8 attempts)			Serve (8 attempts)			Return of Serve (8 attempts)			Rally (8 attempts)				
A stands center 1' behind NVL.			3' behind NVL			Behind Baseline			A stands center 1' from baseline			Serve behind Baseline				
Forehand CC	1		A- Right Service Area	1		Right Service Area Wide	1		Attempt -RSA	C	1		A serves	RSB	1	
Backhand CC	2		F- Right Service Area	2		Right Service Area Wide	2		Attempt -RSA	D	2		A serves	LSB	2	
Forehand CC	3		A- Left Service Area	3		Right Service Area Middle	3		Attempt-RSA	C	3		F serves	RSB	3	
Backhand CC	4		F-Left Service Area	4		Right Service Area Middle	4		Attempt-RSA	D	4		F serves	LSB	4	
Forehand DL	5		A-Right Service Area	5		Left Service Area Wide	5		Attempt-LSA	C	5		A serves	RSB	5	
Backhand DL	6		F- Right Service Area	6		Left Service Area Wide	6		Attempt-LSA	D	6		A serves	LSB	6	
Forehand DL	7		A-Left Service Area	7		Left Service Area Middle	7		Attempt-LSA	C	7		F serves	RSB	7	
Backhand DL	8		F- Left Service Area	8		Left Service Area Middle	8		Attempt-LSA	D	8		F serves	LSB	8	

1. Total		2. Total		3. Total		4. Total		5. Total	
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Rally/Dink Scoring					Scoring: Rally or Dink Rally, # consecutive hits is placed above line and points earned below line.							4	6	Total Score
# Consecutive Hits	1	2-3	4-5	6 +	Total Score: Add only points earned , not hits. See example.							3	4	7

Mobility Table	SINGLES															Mobility Score	Level Grand Total	check		
Time	30	29	28	27	26	25	24	23	22	20	19	18	17	16	15		ISC	0-16		
Score	1	2	3	4	5	6	7	8	9	12	16	21	27	34	42		L1	17-41		
Add Totals and Mobility = Grand Total																		L2	42-70	
1. Total	2. Total	3. Total	4. Total	5. Total	6. Mobility	Grand Total		L3	71-100											
								L4	101-166+											

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