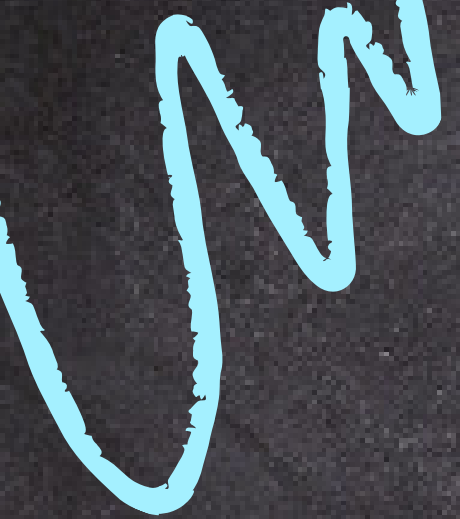


**Special
Olympics**
South Carolina



Special Olympics
**Unified Champion
Schools**

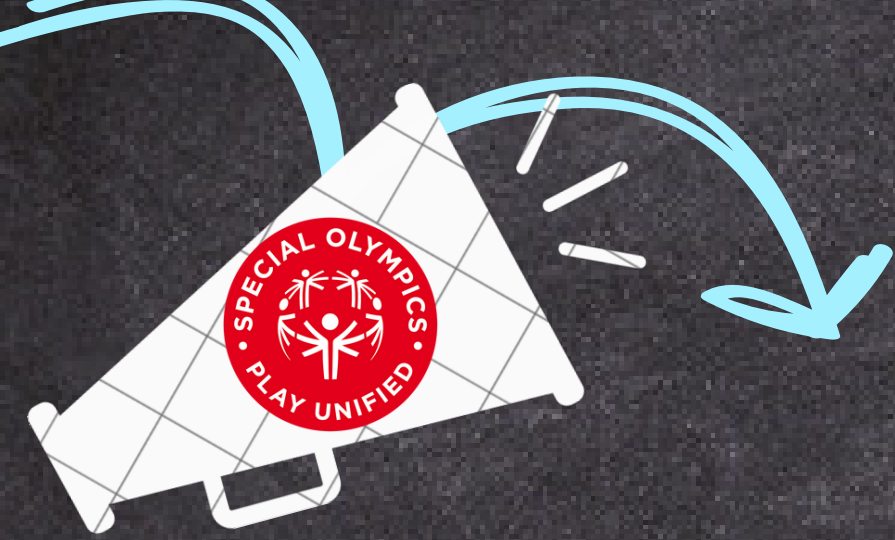


2024

Unified

Spirit Week





Mindful Monday

Special
Olympics
South Carolina



Special Olympics
Unified Champion
Schools

Elementary

Book lessons: [link and discussion questions](#)

Activity- [Who Can? I Can!](#)

Activity- [Mirror Mirror](#)

Activity- [Unpack Your Personality](#)

Videos with discussions: [Inside Out](#) (1:44)

[What Makes You Special?](#) (2:59)

Secondary

Videos with discussions: [Empathy](#) (2:32)

[Find Your Sense of Belonging](#) (1:00)

[Unified Journey Chant Lyrics](#)

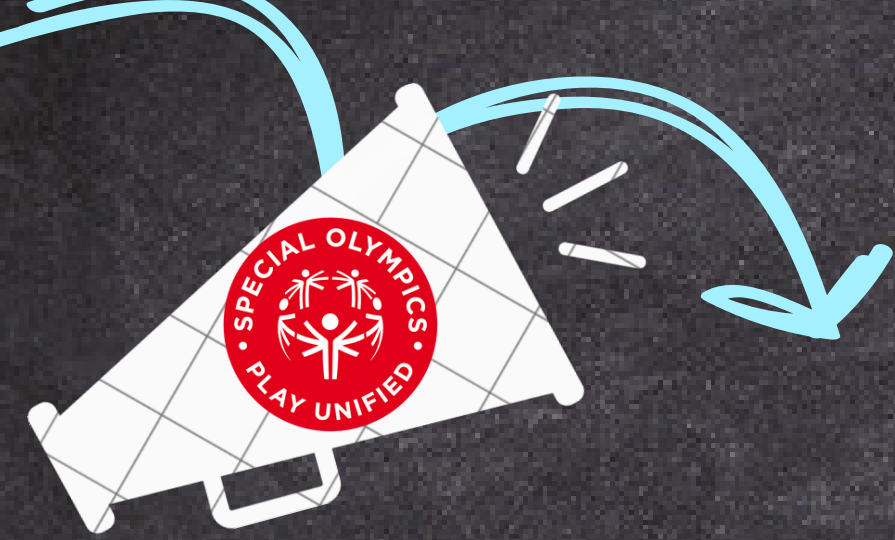
Video- [The Power of Empathy](#) (2:54)

Both

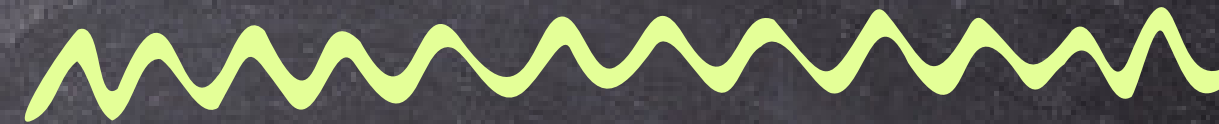
Videos- [Special Olympics Inclusion Manifesto](#) (1:00)

[Under the Surface](#) (3:55)

Activity: [There's Only One Me!](#)



Takes a Team Tuesday



Special
Olympics
South Carolina



Special Olympics
Unified Champion
Schools

Elementary

Book lessons: [link and discussion questions](#)

Activity- [Do NOT wake the dragon](#)

Activity- [Teamwork PSA](#)

Activity- [Roll Ricky Roll](#)

Videos: [Power Of Teamwork \(3:57\)](#)

Which clip did you think represented teamwork the best? Why?

Video: [Song on Cooperation- Sesame Street \(2:19\)](#)

Can you have teamwork without cooperation?

Secondary

Video with discussion: [Teamwork \(1:02\)](#)

Video: [Be A Game Changer \(1:44\)](#)

Article with video: [Unveiling of Special Olympics' 'Yeah I am Special,' Campaign Billboard in NYC \(fansided.com\)](#)

Discussion: Is there a stigma around the word special? Why? What can we do?

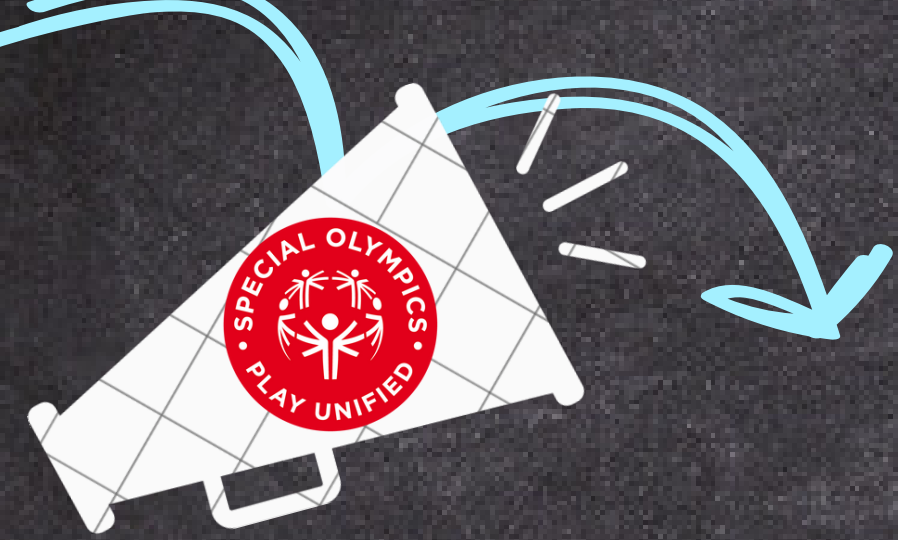
Both

Video: [Unified Beginning: Hendrickson High School \(5:39\)](#)

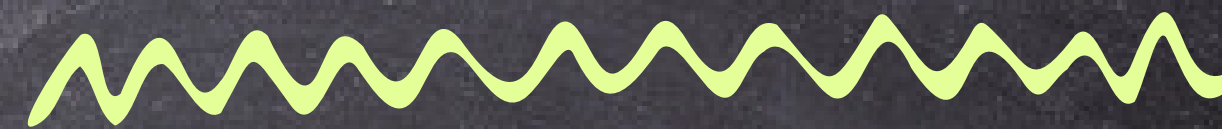
Video: [Fight, Fight, Fight! \(1:05\)](#)

Video: [Yeah, I am Special \(0:41\)](#)

Activity: [Cross the River](#)



Wellness Wednesday



Special
Olympics
South Carolina



Special Olympics
Unified Champion
Schools

Elementary

Book Lessons: [link and discussion questions](#)

Activity: [Tick Tock!](#)

Activity: [Everyone's Welcome](#)

Video with discussion questions: [Kid President-Making Friends](#) (4:03)

Secondary

Video: [Staying Fit](#) (4:37)

1. What is your favorite way to stay fit?
2. What is a fitness goal you would like to set for yourself?

Video: [Middle & High School: Staying involved with Special Olympics](#) (1:30)

Video: [Game Changer: Loretta Claiborne](#) (6:28)

Both

Video: [Friendship](#) (0:46)

1. Can friendships come from being on a team together? Why?
2. What are some characteristics that make good friends and teammates?

Video: [Special Olympics Health Messenger](#) (1:57)

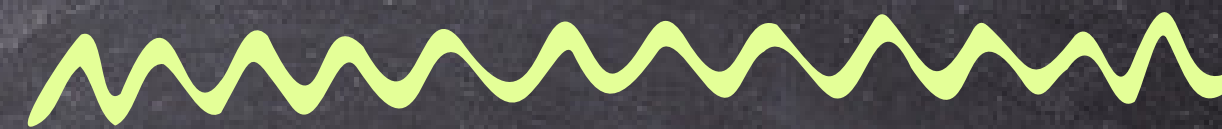
Activity: [15 – seconds](#)

Activity: [Build a Tower](#)

Video: [Funny Video on Friendship](#) (2:35)



Thoughtful Thursday



Special
Olympics
South Carolina



Special Olympics
Unified Champion
Schools

Elementary

Book Lessons: [link and discussion questions](#)

Activity: [Kindness Quilt](#)

Activity: [It's in the Cloud](#)

Activity: [Kindness Wall](#)

Video: [Color Your World With Kindness](#) (2:14)

1. What were the acts of kindness you saw in the video?
2. How do you think the acts of kindness made each character feel? How do you know?

Secondary

Video and discussion questions:
[Snack Attack](#) (4:14)

Video: [5-minute Guided Meditation with a theme of "Belonging"](#) (5:04)

Video: [If You Give A Little Love](#) (4:36)

Video: [Game Changer- Jamaal Charles](#) (5:12)

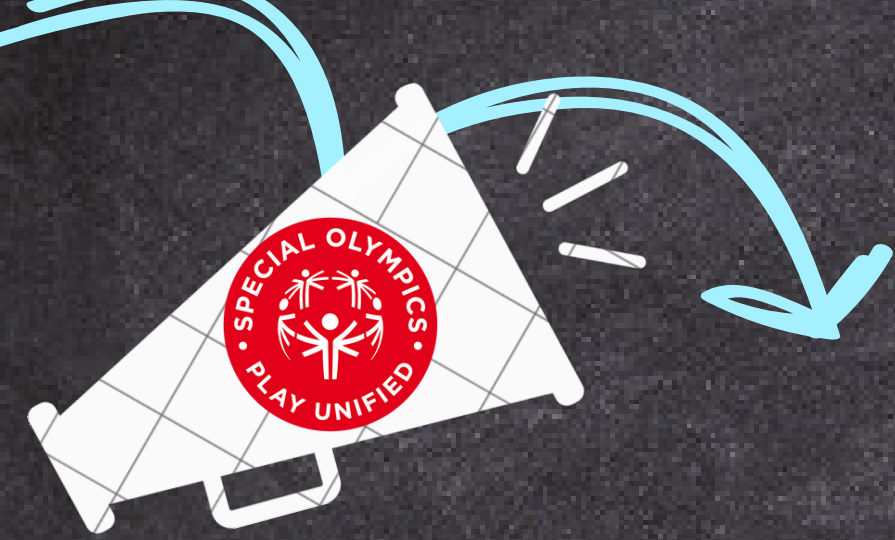
Both

Video with discussion: [We're ALL Different and That's AWESOME!](#) (4:39)

Video: [Putting Yourself in Someone Else's Shoes](#) (2:52)

Video: [Different](#) (:31)

Activity: [Chain Reaction](#) (STEM)



Fearless Friday



Special Olympics
Unified Champion
Schools

Elementary

Book Lessons: [link and discussion questions](#)

Activity: [The Power of Yet](#)

Activity: [Badge of Courage](#)

Activity: [Classroom Ted talks](#)

Videos and discussions: [Pep Talk by Kid President](#) (3:27)

[What is Courage?](#) (2:22)

Secondary

Videos and discussions: [Don't Put People in Boxes](#) (4:24)
[The Present](#) (3:23)

Video: [2026 Special Olympics USA Games - "Circle of Inclusion" Logo Explained on Vimeo](#) (3:26)

Discussion: If you could design your own logo for Special Olympics, inclusion, and Unified Champion Schools, what would it include and why?

Both

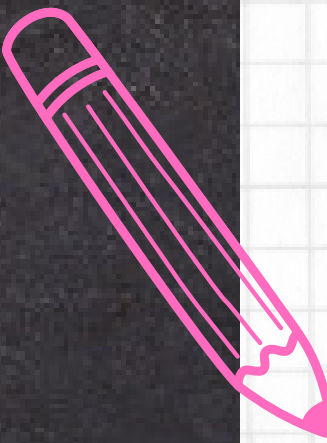
Video: [Be a Mr. Jensen](#) (3:12)

Video: [We are the #UnifiedGeneration](#) (1:00)

Activity: [What's in a Word](#)
Activity: [Backbone](#)



For more information...



Please visit the
Special Olympics South Carolina website at
www.so-sc.org and look for the
Unified Champion Schools tab.

