



**Special
Olympics**
South Carolina

Why?

What is your why behind coaching? Do you have an athlete interested? Do you have the time to dedicate to the athletes?

1

Contact Us!

Contact your local Area Director to join an existing team or help in developing a new team!

Link to your Local Programs here:

<https://so-sc.org/sports/local-programs>

2

Get Certified!

Complete the coach certifications found on the Special Olympics website.

<https://so-sc.org/get-involved/become-a-coach>

Contact Anna Parks at aparks@so-sc.org to attend an in-person training.

3

Game Plan!

Do you have the equipment?
Do you have enough athletes?
Do you have a space and schedule?

If not, contact your local Area Director for assistance on fundraising, contacts on facilities, and any athletes who may be interested.

4

5

Practice!

Make sure you have all your athletes' medicals at every practice! Make sure they have completed the registration forms and Covid-19 waiver to participate. Those can be found on the SOSC website under "Become an Athlete".

There needs to be a minimum of 8 weeks of practice to be able to compete at State Games.

Your Area Director can help in getting your team registered for State Competition.

Building Blocks of SOSC Coaching