

## GYMNASTICS RULE INTERPRETATIONS

### SECTION A - GENERAL RULES

- A-1. The new rules and routines (2015-2022) for Rhythmic Gymnastics will be effect at the Regional and State competitions. The Artistic Gymnastics routines (2012-2019) will be used at the 2019 Regional and State competitions.
- A-2. In cases not covered by these interpretations, USA Gymnastics rules will govern. Rules can be downloaded at [www.usagym.org](http://www.usagym.org).
- A-3. Compulsory routine coaches must be under the rings, high bar, and uneven bars prepared to spot before an athlete may compete in these events.
- A-4. Coaches will not be allowed to protest a judge's score on an athlete's routine.
- A-5. The Games Rules Committee will make all final decisions.
- A-6. No advertising or sponsorship is allowed to be worn on competition or warm-up uniforms.
- A-7. At all times athletes are expected to compete to the best of their ability to ensure a quality competition at all levels. Coaches are expected to provide accurate/honest scores of their athlete's ability.
- A-8. Athletes must qualify from an Regional competition to attend the State Summer Games.
- A-9. The written text is the official version for routines. Visual aids such as floor patterns or DVD are provided as a supplement. If a difference exists between the text and visual aids the text must be followed.

### SECTION B - SCORING/DIVISIONING

- B-1. If offered, at regional competitions, athletes will compete in only 1 round of competition, divisioned and awarded accordingly.
- B-2. Athletes competing at the state level, will be divisioned after their first round (preliminary round) of competition based on the judges scores. Scores from the preliminary round will be added to the final round of competition to determine place of finish. Athletes must compete in both the preliminary and final round of competition.
- B-3. Athletes competing in the all-around competition will be divisioned in each of the individual events. If an athlete receives no score in any one of the events, then they are not eligible for the all-around award.
- B-4. Compulsory routines do not count as the optional routine. An athlete performing the compulsory routine for the optional routine will receive a score of zero.
- B-5. Athletes will not be allowed to touch the apparatus to receive a qualification score. Athletes must complete the required routine in the preliminaries to advance to the final round. This includes both artistic and rhythmic gymnastics.

## SECTION C - UNIFORMS

- C-1. Women in sleeveless leotards will not receive point deductions. There will be no point deduction for men competing in shorts. Athletes will not be allowed to wear jeans or jean shorts during competition.
- C-2. Athletes will not be allowed to wear jewelry or awards during competition.

## SECTION D - EVENTS

- D-1. Order of events for competition are:
- a. Men's Artistic Events: Floor Exercise, Pommel Horse, Rings, Vaulting, Parallel Bars, and Horizontal Bars.
  - b. Women's Artistic Events: Vaulting, Uneven Bars, Balance Beam, and Floor Exercise.
  - c. Athletes may be scheduled to start on any event.
- D-2. There are 5 levels of competition for Artistic Gymnastics:
- a. Level A – Compulsory routines for gymnasts who have ambulatory problems  
(Events offered: Floor Exercise, Balance Beam, or Vault)
  - b. Level B – Compulsory routines for gymnasts who are unable to perform Level I routines (Events offered: Floor Exercise, Balance Beam, or Vault)
  - c. Level I – Beginner compulsory routines
  - d. Level II – Intermediate compulsory routines
  - e. Level III – Advanced routines using compulsory skills made into own routines with own connections
  - f. Level IV – Optional routines
- D-3. There are 3 levels of competition for Rhythmic Gymnastics:
- a. Level I – Rope, Hoop, Ball, Ribbon and All Around
  - b. Level II – Hoop, Ball, Clubs, Ribbon and All Around
  - c. Level III – Rope, Ball, Clubs, Ribbon and All Around
- D-4. Athletes can participate in a maximum of 2 events unless they are competing in the all around competition. Athletes competing in 2 events can only have 1 level difference between the 2 events. Athletes in the all around competition must be at the same level for all events. Athletes cannot compete in both Artistic and Rhythmic Gymnastics.
- D-5. Judging criteria for Level IV optional routines is located on page 7 – 10 in the SOI rules book, item #5 judging Artistic/Optional/Voluntary routines.
- D-6. Female athletes competing in levels 3 and 4 in Balance Beam will be required to compete on the high beam.
- D-7. Female athletes competing in Floor Exercise Level 3 and Level 4 must provide their own music for their routines. Floor Exercise Level 1 music is "I Love Rock N Roll" and Level 2 music is "Balimos". Level 1 and Level 2 music will be provided at the regional and state level competition.