

SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET

Athlete's Name: _____ Program: _____ Gender: _____ DOB: _____

| Level 1 (athlete's at this level should complete the ISC Skills Testing) | Level | E. Second Serve | | Level |
|---|--------------|--|-----------------|--------------|
| Player just starting to play tennis | | Double faults are common | | 2 |
| Section A through G do not need to be completed | | Pushes 2nd serves | | 4 |
| A. Forehand | Level | Hits 2nd serves with control | | 6 |
| Hits inconsistent weak FH shots | 2 | Hits 2nd serves with control and depth | | 7 |
| Hits FH shots with little directional control | 3 | Hits 2nd serves with spin, control and depth | | 8 |
| FH has directional control of shots, but shots lack depth | 4 | F. Return of Serve | | Level |
| FH has sufficient control to sustain a short rally and is developing depth | 5 | Has difficulty returning serve | | 2 |
| Rallies with control and depth, but has difficulty when shots are high or hard | 6 | Returns serve occasionally | | 3 |
| Rallies consistently with depth, becomes inconsistent when adding pace | 7 | Returns 2nd serve consistently | | 4 |
| Sustains an extended rally with direction, pace and depth | 8 | Returns some 1st serves, returns 2nd serves consistently | | 5 |
| B. Backhand | Level | Returns 1st and 2nd serves consistently | | 6 |
| Hits inconsistent weak BH shots | 2 | Aggressive return of 2nd serve and consistent return of 1st serve | | 7 |
| Hits BH shots with little directional control | 3 | Aggressive return of 1st and 2nd serves | | 8 |
| BH has directional control of shots, but shots lack depth | 4 | G. Volleys | | Level |
| BH has sufficient control to sustain a short rally and is developing depth | 5 | Hits inconsistent volleys; avoids net | | 3 |
| Rallies with control and depth, but has difficulty when shots are high or hard | 6 | Hits consistent FH volleys; BH volley is inconsistent | | 4 |
| Rallies consistently with depth, becomes inconsistent when adding pace | 7 | Hits consistent volleys; has problems approaching the net | | 5 |
| Sustains an extended rally with direction, pace and depth | 8 | Has ability to approach the net and hits consistent volleys | | 6 |
| C. Movement | Level | Comfortable moving to net, moves laterally well for both FH and BH volleys | | 7 |
| Stationary position; does not move to ball to hit shots | 2 | Hits aggressive FH and BH volleys | | 8 |
| Moves only 1-2 steps toward ball to hit shots | 3 | Section | Category | Level |
| Moves toward ball; but court coverage is poor | 4 | A | Forehand | |
| Movement allows sufficient court coverage of most shots | 5 | B | Backhand | |
| Has good court coverage, reacts well enough to sustain a short rally | 6 | C | Movement | |
| Reacts quickly to the ball and has very good court coverage | 7 | D | First Serve | |
| Exceptional court coverage, reacts quickly to the ball and recovers after each shot | 8 | E | Second Serve | |
| D. First Serve | Level | F | Return of Serve | |
| 1st serve is weak | 2 | G | Volleys | |
| Hits 1st serves in at a slower pace | 4 | Total of Sections A through G | | |
| Hits 1st serves with pace | 6 | divided by 7 | | |
| Hits 1st serves with pace and control | 8 | FINAL RATING | | |

Rater's Name: _____

Suggested Competition level for athletes

Tennis Rating of 1.0 – 1.9

Tennis Rating of 2.0 – 2.9

Tennis Rating of 3.0 - 3.9

Tennis Rating of 4.0 - 4.9

Tennis Rating of 5.0 – 8.0

Athlete should compete in:

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Athlete should compete in:

Athlete should compete in:

Level 1 – Individual Skills Competition

Level 2 – 42' Court – Red foam ball (Short Court)

Level 3 – 60' Court – Orange ball (Match Play)

Level 4 – 78' Court – Green ball

Level 5 – 78' Court – Yellow ball (Traditional Match Play)