# Return 2 Play Training Guidelines

**Bocce**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Sport Risk</th>
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<tbody>
<tr>
<td>Singles</td>
<td>Low: Phase 1,2,3,4</td>
</tr>
<tr>
<td>Doubles</td>
<td>Slight: Phase 2,3,4</td>
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## Guidelines

### Phase 1
- Social Distance during group trainings
- Coach maintains social distance during instruction
- No contact in body placement or demonstration of skills
- Specific training groups remain small (10 or less) and consistent
- If a larger group, choose different nights or times to train
- No shared water, towels, equipment, bags, shoes, clothing
- No hydration stations
- Clean palinna between rounds
- Athlete only picks up their color ball
- All balls and palinna are cleaned after each match
- Coach picks up the balls and returns to each end of the court after cleaning, placing them on the ground

### Phase 2
- Same as above EXCEPT
  - Athlete and partner step to side away from the court as each makes their attempt

### Phase 3
- Same as above EXCEPT
  - May train with 50 or less

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Phase 1: Low Risk Sports: 10 people or less, follow guidelines above

Phase 2: Slight Risk Sports: 10 people or less, follow guidelines above

Phase 3: Moderate Risk Sports: 50 People or less, follow guideline above

Phase 4: High Risk Sports: No Restrictions