

## SECTION C – SPECIAL OLYMPICS TENNIS RATING SHEET

Athlete's Name: \_\_\_\_\_ Program: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Level 1 (athlete's at this level should complete the ISC Skills Testing)	Level	E. Second Serve		Level
Player just starting to play tennis		Double faults are common		2
<b>Section A through G do not need to be completed</b>		Pushes 2nd serves		4
<b>A. Forehand</b>	<b>Level</b>	Hits 2nd serves with control		6
Hits inconsistent weak FH shots	2	Hits 2nd serves with control and depth		7
Hits FH shots with little directional control	3	Hits 2nd serves with spin, control and depth		8
FH has directional control of shots, but shots lack depth	4	<b>F. Return of Serve</b>		<b>Level</b>
FH has sufficient control to sustain a short rally and is developing depth	5	Has difficulty returning serve		2
Rallies with control and depth, but has difficulty when shots are high or hard	6	Returns serve occasionally		3
Rallies consistently with depth, becomes inconsistent when adding pace	7	Returns 2nd serve consistently		4
Sustains an extended rally with direction, pace and depth	8	Returns some 1st serves, returns 2nd serves consistently		5
<b>B. Backhand</b>	<b>Level</b>	Returns 1st and 2nd serves consistently		6
Hits inconsistent weak BH shots	2	Aggressive return of 2nd serve and consistent return of 1st serve		7
Hits BH shots with little directional control	3	Aggressive return of 1st and 2nd serves		8
BH has directional control of shots, but shots lack depth	4	<b>G. Volleys</b>		<b>Level</b>
BH has sufficient control to sustain a short rally and is developing depth	5	Hits inconsistent volleys; avoids net		3
Rallies with control and depth, but has difficulty when shots are high or hard	6	Hits consistent FH volleys; BH volley is inconsistent		4
Rallies consistently with depth, becomes inconsistent when adding pace	7	Hits consistent volleys; has problems approaching the net		5
Sustains an extended rally with direction, pace and depth	8	Has ability to approach the net and hits consistent volleys		6
<b>C. Movement</b>	<b>Level</b>	Comfortable moving to net, moves laterally well for both FH and BH volleys		7
Stationary position; does not move to ball to hit shots	2	Hits aggressive FH and BH volleys		8
Moves only 1-2 steps toward ball to hit shots	3	<b>Section</b>	<b>Category</b>	<b>Level</b>
Moves toward ball; but court coverage is poor	4	A	Forehand	
Movement allows sufficient court coverage of most shots	5	B	Backhand	
Has good court coverage, reacts well enough to sustain a short rally	6	C	Movement	
Reacts quickly to the ball and has very good court coverage	7	D	First Serve	
Exceptional court coverage, reacts quickly to the ball and recovers after each shot	8	E	Second Serve	
<b>D. First Serve</b>	<b>Level</b>	F	Return of Serve	
1st serve is weak	2	G	Volleys	
Hits 1st serves in at a slower pace	4	<b>Total of Sections A through G</b>		
Hits 1st serves with pace	6	divided by 7		
Hits 1st serves with pace and control	8	<b>FINAL RATING</b>		

Rater's Name: \_\_\_\_\_

<b>Suggested Competition level for athletes</b>	<b>Tennis Rating of 1.0 – 1.9</b>	<b>Athlete should compete in:</b>	<b>Level 1 – Individual Skills Competition</b>
	<b>Tennis Rating of 2.0 – 2.9</b>	<b>Athlete should compete in:</b>	<b>Level 2 – 42' Court – Red foam ball (Short Court)</b>
	<b>Tennis Rating of 4.0 - 4.9</b>	<b>Athlete should compete in:</b>	<b>Level 4 – 78' Court – Green ball (Match Play)</b>
	<b>Tennis Rating of 5.0 – 8.0</b>	<b>Athlete should compete in:</b>	<b>Level 5 – 78' Court – Yellow ball (Traditional Match Play)</b>