



***Special  
Olympics***  
*South Carolina*

**2019  
Fall Games  
Coaches Book**

**October 25-27, 2019  
Myrtle Beach, South Carolina**



## 2019 Fall Games Fact Sheet

**When:** Oct 25-27, 2019

**Where:** Coastal Carolina University, Myrtle Beach Bowling Center,  
Surfside Bowling and Billiards

**Sports Offered:** Under 21 Bocce, Masters Bowling, Disc Golf,  
Flag Football, Golf, Soccer, Volleyball  
(Traditional and Unified components where applicable)

### TENTATIVE SCHEDULE

#### Friday, October 25

2:30 p.m.- 5:30 p.m.	Registration	Myrtle Beach Convention Center
5:30 p.m.- 7:00 p.m.	Athlete Dinner	Myrtle Beach Convention Center
6:00 p.m.	Family Registration	Myrtle Beach Convention Center
7:30 p.m.- 8:30 p.m.	Opening Ceremonies	Myrtle Beach Convention Center
8:30 p.m.- 9:30 p.m.	Coaches Meeting	Myrtle Beach Convention Center

#### Saturday, October 26

8:00 a.m.- 2:00 p.m.	Volunteer Registration	Olympic Town/CCU Campus Myrtle Beach Bowling Center Surfside Bowling and Billiards
8:30 a.m.- 3:00 p.m.	Family Registration	Olympic Town/CCU Campus
8:30 a.m.- 4:00 p.m.	Bowling	Myrtle Beach Bowling Center Surfside Bowling and Billiards
9:00 a.m.- 4:00 p.m.	Golf	Hackler Golf Club @ CCU
9:00 a.m.- 12:00 p.m.	Flag Football	CCU Campus
9:30 a.m.- 3:00 p.m.	Disc Golf	CCU Campus
9:30 a.m.- 4:00 p.m.	Bocce	CCU Campus
10:00 a.m.- 3:00 p.m.	Soccer	CCU Campus
10:00 a.m.- 4:00 p.m.	Volleyball	CCU Campus
11:00 a.m.- 4:00 p.m.	Olympic Town	CCU Campus
10:00 a.m.- 4:00 p.m.	Healthy Athletes	CCU Campus
11:30 a.m.- 1:30 p.m.	Lunch	CCU Campus Hackler Golf Club @ CCU
5:00 p.m.- 7:00 p.m.	Athlete Dinner	Myrtle Beach Bowling Center Surfside Bowling and Billiards
7:30 p.m.- 9:30 p.m.	Victory Celebration	Myrtle Beach Convention Center

## **Honest Effort Rule**

Athletes must participate honestly and with a maximum effort in all preliminary and/or final competitions. If there is a discrepancy of greater than 15% between the preliminary competition results and the final results, that individual or team may be subject to disqualification. Decisions concerning this rule will be made by the sports committee. Coaches should support and encourage honest effort on the part of all participants in the spirit of Special Olympics.

### **Code of Conduct**

Coaches are expected during all Special Olympics competitions to restrict their coaching to simple verbal encouragement. Verbal abuse of players or officials or excessive coaching from the sidelines, will be considered unsportsmanlike conduct and may result in a warning from the referee. If such behavior persists, the referee may eject the offending coach from the playing area.

## **Sports**

All Athletes should report to competition area 30 minutes prior to competition time.

## **Bocce**

### **Venue Information**

- Bocce competition will be held at Singleton Field.
- There will be limited seating. Please bring chairs, blankets to sit on for spectator seating.
- Awards will be given immediately following each shift at the Bocce Awards Plaza.

### **Uniforms/Equipment**

- Court shoes are preferred, tennis shoes/smooth-soled athletic shoes are permissible.
- Socks of varying length.
- Dress shorts/pants/jeans may be worn.
- White is the traditional color and is preferred, not required. A collared shirt is preferred, not required.
- Team members should dress alike if at all possible.

### **Rules/Points of Interest**

Athletes and coaches must prepare for competition with the full understanding of The Rules of Bocce as outlined in the Official Special Olympics Sports Rules. Ignorance of a specific rule will not result in exception of that rule. Bocce competition will be conducted according to Special Olympics rules.

- Certified Head Coaches may only lodge protests within thirty minutes of the completion of the competition in question.

## **Bowling**

### **Venue Information**

- Bowling competition for Masters Bowling will be held at two bowling centers. Surfside Bowling and Billiards (510 US-17 BUS, Surfside Beach) will host the Unified Competition. Myrtle Beach Bowl (101 Philip Gray Drive, Myrtle Beach) will host the Singles Competition. Area Directors and Coaches will receive shifts times prior to competition. Athletes should arrive 30 minutes prior to competition.

### **Uniforms and Equipment**

- Athletes are required to wear appropriate competition attire.
- Bowling shoes are required on the lanes.
- Socks of varying length, solid color.
- Dress shorts/pants are preferred. Skirts may be worn by female athletes.
- Collared shirts are preferred. T-shirts are allowed.
- Partners should dress alike whenever possible.
- Shoes and balls will be available at the alleys; however, athletes are encouraged to bring their own if possible.

### **Athletes are required to bring their own ramps.**

### **Rules and Points of Interest**

- Coaches are not allowed in the competition area during competition.
- Certified Head coaches may only lodge protests within thirty minutes of the completion of the competition in question.

## **Disc Golf**

### **Venue Information**

- Disc Golf competition will be held at the Disc Golf Course on CCU Campus. Athletes should arrive 30 minutes prior to the start of competition. Awards will be at the Awards Plaza at Olympic Town on CCU Campus.

### **Uniforms and Equipment**

- No jewelry of any kind should be worn, except wedding bands/rings.
- Athletes are required to wear appropriate competition attire.
  - Comfortable, non-restrictive clothing
  - Comfortable and supportive tennis shoes

### **Rules and Points of Interest**

- Coaches are not allowed in the competition area during competition.
- Certified Head coaches may only lodge protests within thirty minutes of the completion of the competition in question.

## Golf

### Venue Information

- All golf competitions will be held at Hackler Golf Course on CCU Campus.
- Awards will be given immediately following competition at the Club House.

### Uniforms and Equipment

- No heeled shoes. Golf shoes are recommended, but not required. Athletic shoes are permissible.
- Socks of varying length.
- Males - shirt must be collared with dress shorts or dress pants.
- Females - shirt must be collared with shorts of Bermuda length, long dress pants, or skirts. May wear sleeveless shirts.
- Jeans/athletic shorts are not allowed.
- Team members should dress alike whenever possible.

### Rules and Points of Interest

Athletes and coaches must prepare for competition with the full understanding of The Rules of Golf, as outlined in the Official Special Olympics Sports Rules. Ignorance of a specific rule will not result in exception of that rule.

- Certified Head Coaches may only lodge protests within thirty minutes of the completion of the competition in question.

## Flag Football

### Venue Information

- The Flag Football competition will be held at the Athletic Practice Fields on CCU Campus.
- There will not be screening for this competition. Teams will be placed based on submitted assessment and conversations at Coaches Meeting Friday evening.
- Awards will be given immediately following each divisional competition at the Awards Plaza at Olympic Town on CCU Campus.

### Uniforms and Equipment

- All participants must have a playing uniform consisting of matching shirts with numbers on front and back which can be tucked in at the waist. No jewelry may be worn (rings, bracelets, necklaces, earrings, etc.). No blue jeans will be allowed. Players must wear rubber-cleated or flat-soled athletic shoes. Metal cleats, spikes, hiking boots or other equipment deemed dangerous by officials will not be allowed.
- An intermediate (youth) size football will be used in all divisions.
- A protective mouthpiece must be worn at all times.
- A one piece three flag belt will be worn during the game.
- **REMEMBER: Coaches MUST bring flag belts and mouth pieces. They will NOT be supplied.**

### **Rules and Points of Interest**

- The official Special Olympics Sports Rules shall govern all tournament play. In cases not covered by these rules, the National Football League's Air it Out flag football rules will govern play. SOSC's other Flag Football Program will also abide by the South Carolina Flag Football Association guidelines and officiating.
- No team shall repeatedly commit fouls which halve the distance to the goal line.
- Neither team shall commit any act which, in the opinion of the referee, tends to make a travesty of the game. This includes intentionally committing fouls to gain an advantage.
- The referee will enforce any penalty he/she considers equitable, including the award for an unfair act.
- Certified Head Coaches may only lodge protests within thirty minutes of the completion of the competition in question.

## **Soccer**

### **Venue Information**

- The Soccer competition will be held on the Athletic Practice Fields on CCU Campus. There will be screening for team play on Saturday morning. Teams will be placed in prelim divisions according to coach and Sport Head discussion held at the Coaches Meeting. From the morning screenings, teams will be placed in final brackets.
- Awards will be given immediately following each divisional competition at the Awards Plaza located in Olympic Town on CCU Campus.

### **Uniforms and Equipment**

- No jewelry of any kind should be worn, except wedding bands/rings.
- Soccer cleats must not have metal cleats/studs.
- Socks (stockings) should be worn and cover the required shin guards.
- Athletic/gym shorts or soccer shorts.
- T-shirts/jerseys are allowed.
- Team members must have identical uniforms with numbered shirts/jerseys. Unified team members should have numbered jerseys as athletes wear odd numbers and unified partners wear even numbers.
- The goalkeeper must wear colors that distinguish him/her from the other players of the two teams and the referee.
- As a cold weather alternative, sweat pants and sleeves may be worn such as they do not constrict the movement of the athlete or alter the basic uniform requirements.
- Skills players (Individual and Team) should also wear t-shirts/jerseys and athletic/gym shorts. Individuals in these events are not required to match others.
- Soccer balls for competition will be provided. Coaches should bring equipment for practice and warm up.

### **Rules and Points of Interest**

Individual skills will be based upon those scores submitted. Athletes and coaches must prepare for competition with the full understanding of The Rules of Soccer as outlined in the Official Special Olympics Sports Rules. Ignorance of a specific rule will not result in exception of that rule.

- Certified Head Coaches may only lodge protests within thirty minutes of the completion of the competition in question.
- **Traditional Play is 5v5 and Unified Play is 7v7...ONLY.**

## **Volleyball**

### **Venue Information**

- The Volleyball competition will be held at Charles Wade-John Lott Field. Screenings for team play will NOT be held on Friday afternoon. Team divisions will be based on the discussions had between coaches and Sport Head during the Coaches Meeting.
- Awards will be given immediately following each divisional competition at the Awards Plaza located in Olympic Town on CCU Campus.

### **Uniforms and Equipment**

- No jewelry of any kind should be worn, except wedding bands/rings.
- Athletic/gym shoes are required.
- Socks of varying length.
- Athletic/gym shorts are appropriate.
- T-shirts/jerseys are appropriate.
- Uniforms may be one piece.
- Team members should look alike. Team Members must wear numbered jerseys. Unified team members should have numbered jerseys as athletes wear odd numbers and unified partners wear even numbers.
- Warm up or sweat pants will be allowed as long as it does not restrict movement or alter the team uniform.
- Skills players (Individual and Team) should also wear t-shirts/jerseys and athletic/basketball shorts. Individuals in these events are not required to match others.
- Competition balls will be provided. Coaches should provide balls for warm-up and practice.

### **Rules and Points of Interest**

Special Olympics has adopted the International Scoring System. Scoring will be Rally Scoring. Point for each serve. Games will be to 25, win by 2, no cap. Pool play will continue to be two games against all other teams in your division. Coaches are not allowed on the playing field during competition. Individual skills will be based upon those scores submitted. Athletes and coaches must prepare for competition with the full understanding of The Rules of Volleyball as outlined in the Official Special Olympics Sports Rules. Ignorance of a specific rule will not result in exception of that rule.

- Certified Head Coaches may only lodge protests within thirty minutes of the completion of the competition in question.

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**Opening Ceremonies/Closing Ceremonies**

Opening and Closing Ceremonies will be held at Myrtle Beach Convention Center. Please be aware of any possible weather conditions, i.e. cool temperatures, and plan with the Delegation needs in mind. Please be aware of the volunteers as they guide your groups to the appropriate staging/seating for Opening.

**Coaches Meeting**

Coaches meeting will be held at 8:30 pm on Friday evening at Myrtle Beach Convention Center. Coaches will have a quick general meeting and then meet directly with Sport Heads. Team sports will discuss divisioning and competition schedule. All athletes should return with the rest of the delegations to the hotels immediately after Opening Ceremonies. Please note, changes/scratches should be submitted during Registration or Coaches Meeting. Only scratches will be accepted morning of competition for all sports. No other types of changes will be accepted.

**Awards Plaza**

Flag Football, Soccer, Disc Golf and Volleyball awards will be given at the designated Awards Plaza. As soon as a bracket/division is completed, these athletes will come to the Awards Plaza to receive their awards. Bocce will be awarded at the Bocce Awards Plaza at the Bocce venue as each division is completed. Golf will be awarded at the Hackler Golf Club immediately following competition. Bowling will be awarded at each bowling alley, immediately following competition.

**Parking**

Parking will be available at the Myrtle Beach Convention Center. You will not have to pay for parking. Once you arrive, please follow specific sign directions for bus parking and car/van parking. For competition at CCU, all parking will be designated by Special Olympics signage. Please see the enclosed map. Shuttles will be available to transport groups around campus. These stops will be clearly marked.

**Please refer to the map for competition and event locations.**

**Traveling**

Please remember that the majority of traffic accidents are due to inattentiveness. Please have a navigator with you to answer the cell phone, to read maps and to tend to anything else that would be distracting. Eating while driving is now named the number one cause of accidents. Please do not attempt to eat while transporting athletes.

## **Language Guidelines**

Special Olympics South Carolina is a year-round training and competition sports organization for children and adults with an intellectual disability. Please refer to participants as **athletes**.

## **Crisis Communication**

In the event of a crisis - injury, natural disaster or act of terrorism - your duty is to stay with the athlete or athletes in your charge and send for help. If approached by the media for a comment on a crisis situation, do not make a statement. Instead, please tell them that a statement will be made from the Special Olympics South Carolina State Office regarding the matter. Procedure is for the athlete, coach or volunteer that is in crisis to be tended to first. Then, after the crisis team meets, a statement will be made to the media by the public relations department.

To report an injury or suspicious situation, contact Barry Coats (803-237-4200) or Sue Maner (803-237-4231).

## **Special Olympics South Carolina Housing Policies and Procedures**

This Housing Policy covers all International, National, State, District and Area events.

This policy is effective for all travel that requires overnight accommodations.

- Only registered delegation members will stay with the delegation in “Delegation Housing”.
- Only members of the same sex will be housed together with the exception of a parent rooming with their child.
- Coaches and Chaperones will have separate beds from athletes. Area/District Directors or Heads of Delegations are expected to use discretion in the placement of athletes and coaches/chaperones to ensure proper supervision at all times during an event.
- One coach/unified partner/chaperone/volunteer and one athlete will not be housed together, with the exception of:
  - A parent rooming with their child. B) Above specified parties with wheelchair or severely handicapped athletes that require one-to-one monitoring/care. C) When special permission and a release signed by the parent or legal guardian is given by the Risk Management Director or president of SOSOC.
- When 4 or more athletes are housed together, Area/District Directors or Heads of Delegations must ensure that coaches/chaperones are in a connecting or adjoining room with adjoining room being preferred. This should be noted on registration documents so the Event Director can make appropriate arrangements.
- Each member of a delegation must spend the night within the predetermined Delegation Housing for the entire duration of the competition, i.e. Weekend competition –Friday and Saturday nights, unless permission is given through completion of the Housing Waiver.
- SOSOC supervision policy remains in effect, i.e. 4 athletes to 1 coach/chaperone.
- Housing needs related to severe handicap/wheelchair athletes warrant quota adjustments on a case by case basis. These should be addressed when quotas are received at the Area/District office, discussed with the Event Director and included in the registration documents by the registration deadline.
- Registered athletes will stay in over night housing with their delegation, unless a medical condition is present requiring special accommodations. These accommodations must be requested during the registration process.
- For athletes requiring medical equipment (hypodermic needles, catheters, feeding tubes, etc.), it is the responsibility of the coach/chaperone to dispose of the medical waste properly. Waste should be bagged in proper red medical waste bags and not thrown away in a trashcan.
- Any misconduct of a criminal nature by athlete, coach, volunteer or staff should be immediately reported to the Special Olympics South Carolina President/CEO or designee.

## **Responsibilities for Coaches and Chaperones**

- Coaches and Chaperones coming to Games must accept and carry out the following responsibilities:
- Provide for the general welfare, safety and well being of each athlete in their charge.
- Be familiar with information in The Coaches Handbook.
- Provide the following specific services to each athlete;
  - 24 hour supervision of athletes, working in cooperation with other coaches from their area/region
  - assurance that athlete/coaches/chaperone ID's are worn as instructed
  - assistance in accounting for luggage and personal items at all times
  - assistance in reporting to competition area at the proper time
  - assistance in taking full advantage of clinics and other events
  - assurance that prescribed medications are taken at the proper time
  - assistance in assembling at the proper time for ceremonies.
- Dress and act at all times in a manner that will be a credit to SOSC and their area program.
- Coaches will be responsible for assuring that housing is left in the same condition in which it was found.
- Report emergencies to appropriate authorities after taking immediate action to insure the health and safety of the participants. Be familiar with emergency exits.
- Coaches, chaperones and athletes **MUST ABSTAIN** from the use of alcohol or any non-prescribed behavior modifying drugs throughout the event including travel time with athletes.
- Smoke only in designated smoking areas.
- Be familiar with Special Olympics Crisis Communication in the event of a crisis.

## **Special Olympics South Carolina Athlete Misconduct Policy**

It is the responsibility of each athlete participating in a Special Olympics South Carolina (SOSC) event to conduct himself or herself in an appropriate manner that will promote safety and consideration to all others involved in the event.

Any athlete suspected of sexual abuse, physical abuse, verbal abuse, theft or any other criminal act will be suspended from any participation in Special Olympics during an investigation of the incident.

Once the investigation (done by SOSC or an outside source) is completed, SOSC will exercise one or more of the following options, depending on the seriousness of the incident:

1. Mandatory supervision at all times during an SOSC event, by someone approved by SOSC.
2. Suspension from the program. The length of the suspension will depend on the seriousness of the incident.
3. Expulsion from the program.

Special Olympics South Carolina may also enforce the above actions if an athlete is convicted of a crime that does not relate to SOSC events.

Revised 10/01

## **Protective Behaviors Guidelines**

The Protective Behavior Guidelines were established to protect athletes as well as other participants at Special Olympics training and competition and other events. Special Olympics South Carolina (SOSC) is responsible for providing appropriate environments in which training, competition and other events are conducted. An important part of their responsibility is to oversee the conduct of staff, volunteers and athletes especially as they interrelate with each other.

Special Olympics, Inc. (SOI) has developed strategies to prevent physical, emotional and sexual abuse. These strategies are designed to protect athletes and volunteers.

In summary, in preventing physical abuse you should remember three things:

1. Corporal punishment or any other form of physical disciplining is not allowed.
2. Withholding water or food from athletes as a form of punishment is not allowed.
3. Only medications that have been prescribed by an athlete's physician will be dispensed to that athlete as indicated on his or her consent form signed by either a parent or legal guardian.

In summary, in preventing emotional abuse you should remember two things.

1. Use of profanity or cursing at athletes for their performance or behavior is not allowed.
2. Special Olympics athletes will not be threatened or intimidated for any purpose.

In summary, in preventing sexual abuse, volunteers should remember four things.

1. In order to protect both athletes and volunteers, every attempt will be made to provide at least two adult volunteers to be present to supervise activities such as changing into team uniforms, showering or toileting. When it is necessary for staff or volunteers to speak privately with an athlete, they should find a place out of earshot, but within sight of others for their conference.
2. Hugs can be especially important to reinforce the positive nature of athletic competition. Hugs should be open (not secretive) and respect the limits set by the athlete. The staff and volunteers must respect any resistance by the athlete to physical contact.
3. Avoid touching areas normally covered by swimming suits. Kissing on the lips and seductive massages are not permitted (massaging pursuant to an injury or strain is permitted, but should be subject to observation by others.)
4. Volunteers should be positive role models and help develop appropriate boundaries for physical contact. There may be times that an athlete will attempt inappropriate physical contact with a volunteer. In such cases, the volunteer should identify the objectionable behavior, explaining that it makes the volunteer feel uncomfortable and that a better way would be to shake hands, do "high fives" or use other more socially appropriate forms of expression.

Any suspicion of any form of abuse or neglect MUST be reported. The incident should be reported to the President/CEO, or designee at the number for Special Olympics South Carolina listed in the handbook. The President/CEO is responsible for reporting the incident to the appropriate official agency for investigation.

## **2019 Fall Games Evacuation and Safety Plan**

Coaches should have athlete medicals with them at all times. Please have an alphabetical list of your delegation for a quick check-off in case of an emergency. At night, remember to place your medicals and keys in a place where you will be able to locate them in case of an evacuation during the night. Coaches should also have a flashlight with them in hotel rooms in the event of a power failure. Be sure to locate fire exits upon arrival and point these out to your athletes, other coaches and chaperones.

In the event of a crisis, we need to be able to account for all delegation members. That is why it is of utmost importance that everyone follows the evacuation plan and has a list of delegation members. Keep my (Sue) number 803-237-4231 and Barry's number 803-237-4200 in your contact list.

### **Venue Evacuation Plan:**

#### Hotels:

Assemble in the parking lots and make a quick count of all of your delegation members.

#### Myrtle Beach Convention Center:

Exit to the parking lots and away from the building. Be sure that you move everyone out and then get your delegation together.

#### CCU Campus:

Move towards the closest parking lot and begin counting off your area. Make sure to keep everyone together as we gather in the lots.

#### Hackler Golf Club:

If the weather becomes severe, move into the club house.

#### Myrtle Beach Bowl and Surfside Bowling and Billiards:

Exit to the parking lot and away from the building. Be sure that you move everyone out and then get your groups together.



**Special Olympics**  
South Carolina

## PROTEST FORM

*This form must be submitted to the SOSC Sports Director no later than 30 minutes after the conclusion of the event being protested. Once the form is received, the Sports Director will meet with the Sports Rules Committee for the specific sport/event in question and a decision will be made in a timely fashion.*

Date: \_\_\_\_\_ Time Submitted: \_\_\_\_\_

Sport: \_\_\_\_\_ Event: \_\_\_\_\_

Age Group: \_\_\_\_\_ Division/Heat: \_\_\_\_\_

Athlete's or Team's Name: \_\_\_\_\_

Delegation Name (Area): \_\_\_\_\_

Reason for Protest:

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Signature of Head Coach: \_\_\_\_\_

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Protest Approved: \_\_\_\_\_ Protest Denied: \_\_\_\_\_

Details of Decision: \_\_\_\_\_

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Signature of Sports Director: \_\_\_\_\_

Signature of Sport Head: \_\_\_\_\_

Decision Date: \_\_\_\_\_ Time: \_\_\_\_\_



